



WANNABE A SUPERHERO?

There are so many things you can do every day to always be your super best. Just fill in the blanks to the questions below and you'll be on your way to being a real superhero!

QUESTION: Superheroes love to help! What three things can you do to help other people?

1. _____
2. _____
3. _____

QUESTION: What would a superhero do if someone was being bullied? What would you do?

ANSWER: _____

QUESTION: Do you think superheroes ever feel like quitting? What can you do when you feel like quitting?

ANSWER: _____

QUESTION: What do you think superheroes do when they are having a bad day? What can you do to make yourself feel better if you are having a bad day?

ANSWER: _____

QUESTION: All superheroes have powers that make them special. What are your top three strengths that make you special?

1. _____
2. _____
3. _____

QUESTION: Superheroes have weaknesses too. What is something you'd like to improve about yourself?

ANSWER: _____

QUESTION: Superheroes take good care of themselves so they will be strong and ready to act when needed. What are three things you can do to take care of your body?

1. _____
2. _____
3. _____

QUESTION: Superheroes have goals, like saving the world. What are some of your goals? What is a goal that you are proud to have achieved?

ANSWER: _____

Congratulations on answering these superhero questions! That makes you a real superhero!